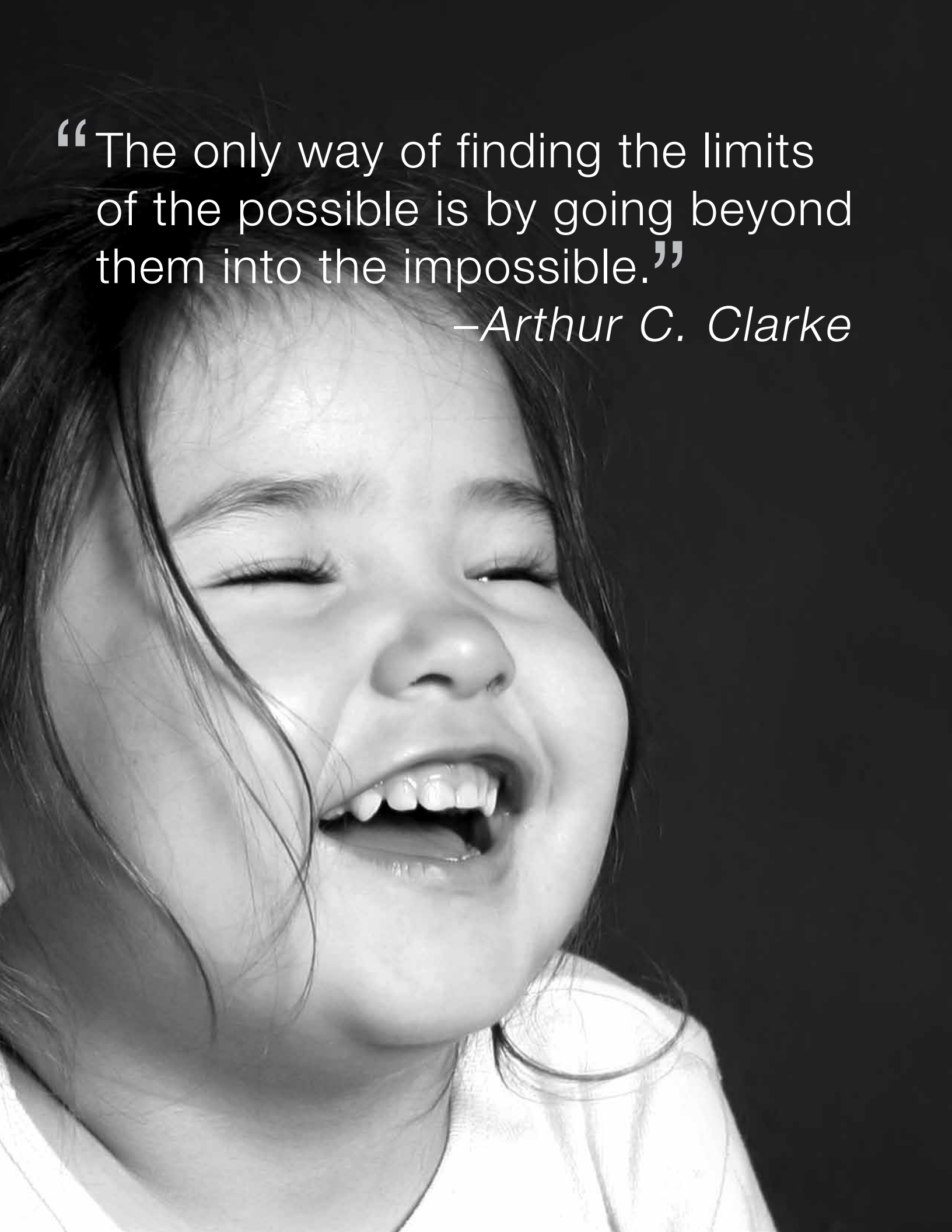


**CHILD
ABUSE
PREVENTION
CENTER**

Annual Report 2009





“The only way of finding the limits
of the possible is by going beyond
them into the impossible.”

—Arthur C. Clarke

Our mission and history

Our [mission](#) is to prevent the cycle of child abuse by equipping parents and caregivers for success. Our Center was founded by over 400 [Dallas Exchange Club volunteers in 1992](#). Aided by the Lake Highlands, Park Cities and Lakewood Exchange Clubs, the Exchange Club Center (EXCAP) was opened in North Dallas. In 2008, our name was formally changed to the Child Abuse Prevention Center to more clearly communicate our purpose.



Executive Director's letter

Dear Friends and Colleagues,

In late 2009, I was honored to come on board as Executive Director of the Child Abuse Prevention Center. As I learned more about the Center's history, the following quote by Aldous Huxley came to mind "every ceiling, when reached, becomes a floor, upon which one walks as a matter of course and prescriptive right." My predecessor, Margaret Patterson, took our center from a budget of \$30,000 to a budget of nearly \$900,000 since the center's inception in 1992. During this time, the Center has served more than 33,000 high-risk families, caregivers and professionals.

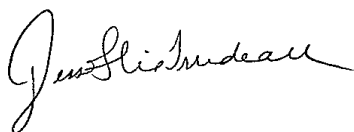
And now a new chapter unfolds and with it unlimited possibilities. In April 2010, we welcome a move to 4210 Junius Street. Thanks to the Meadows Foundation we have enjoyed ten years of residence in the Wilson Historic District. While we will miss our home of the past decade, we are delighted to move into a space that can accommodate our growing space needs. The future also holds a new partnership with the SMU, School of Psychology to enhance home visitation services and evaluation.

To meet the continuing needs of our community and work to prevent the cycle of child abuse, we utilize a tool called the Spectrum of Prevention, created by the Prevent Institute. This tool is utilized to ensure that we are engaged in prevention at every level from educating individuals to informing policy makers. We strongly collaborate with community-based organizations, schools, hospitals and Child Protective Services to ensure that there is a continuum of prevention and intervention services to support the families in our community.

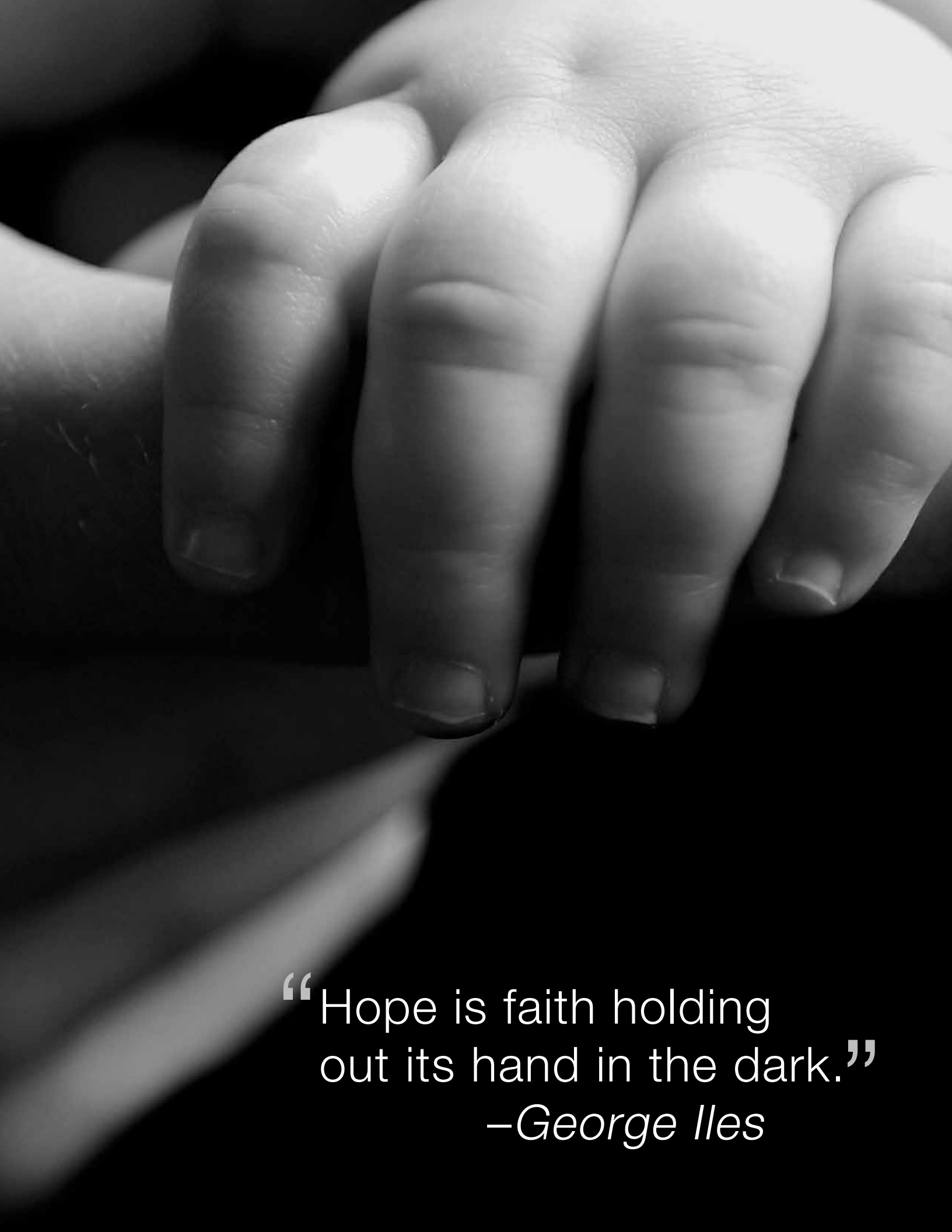
We believe that it is possible to bring hope to families, even when families feel hopeless. However, our work is not possible without the support of dedicated individuals, foundations, corporations, local Exchange Clubs, board members, advisory board members, partners and volunteers. You are a part of the Child Abuse Prevention Center and you make it possible for us to make a difference in families and communities across Dallas County.

I look forward to working with you in the future.

Thank you,



Jessica Slie Trudeau, MPH
Executive Director



“Hope is faith holding
out its hand in the dark.”
—*George Iles*



Spectrum of Prevention Level One: Strengthening individual's knowledge and skills

Home Mentoring Programs

The Future of Children Journal, a peer-reviewed publication, published an entire edition on the prevention of child maltreatment in 2009. The article, *The Role of Home-Visiting Programs in Preventing Child Abuse and Neglect*, indicated that home visiting programs are “beneficial and cost effective programs for providing services to families.” The CAP Center implements Healthy Families Dallas and Parent Aide Programs to high-risk families throughout Dallas County.

Parent Aide Program

The Parent Aide program is based on a model by the National Exchange Club for the Prevention of Child Abuse to prevent child abuse and neglect. Through this program high-risk parents in Dallas County learn and practice healthy and effective discipline techniques, build strong parent-child relationships and are linked to community resources and primary medical providers. In 2009:

- The CAP Center served 133 families, 164 parents and 219 children through the Parent Aide program
- 97% of families served for a minimum of three months did not have substantiated cases of child abuse in 2009
- 94% of families served were linked to a primary medical provider
- 70% of parents served were employed or in school
- There was an 11% decrease in parental stress as measured by a pre/post survey

Families First Program

The purpose of the Families First program is to help parents understand the effects of divorce on their children and to promote positive parenting during this critical time. The Families First program provides divorcing parents of minor children with information and training on how to parent during a divorce or custody dispute. Simultaneous children's classes are also held to help the children understand they are not to blame for the breakup of the marriage. Our Center is licensed to provide this seminar by the national organization, Families First, Inc. In 2009, we served 264 parents and 49 children.

Healthy Families Dallas

The purpose of the Healthy Families program is to prevent child abuse and neglect by teaching pregnant and parenting teens positive parenting techniques, the importance of maintaining well child visits, completing high school, pursuing higher education and obtaining employment. The *Journal of Prevention and Intervention in the Community*, a peer-reviewed publication, published an article on Healthy Families America in January 2007. The article described an analysis of 33 evaluation studies of Healthy Families America nationwide, which indicated that the Healthy Families program was effective in improving parenting outcomes of participants.

The Healthy Families program is a free home visitation program that serves participating families for up to five years. In 2009:

- The CAP Center served 88 families, 135 teen parents and 100 children through the Healthy Families program
- 94% of families served for a minimum of three months did not have substantiated cases of child abuse in 2009
- 86% of families served were linked to a primary medical provider
- 76% of parents served were employed or in school
- There was a 5% decrease in parental stress as measured by a pre/post survey

"I would like to thank the Child Abuse Prevention Center for all of the services they have provided for me in the last year. Their services are wonderful and have taught me so much. Things like how to be a better parent, to believe in myself, they have helped me get back in school and a lot more. Having a case worker means a lot to me because my case worker treats me like family and works with my schedule. She tries to meet my needs as much as possible and that is why I love the CAP Center."

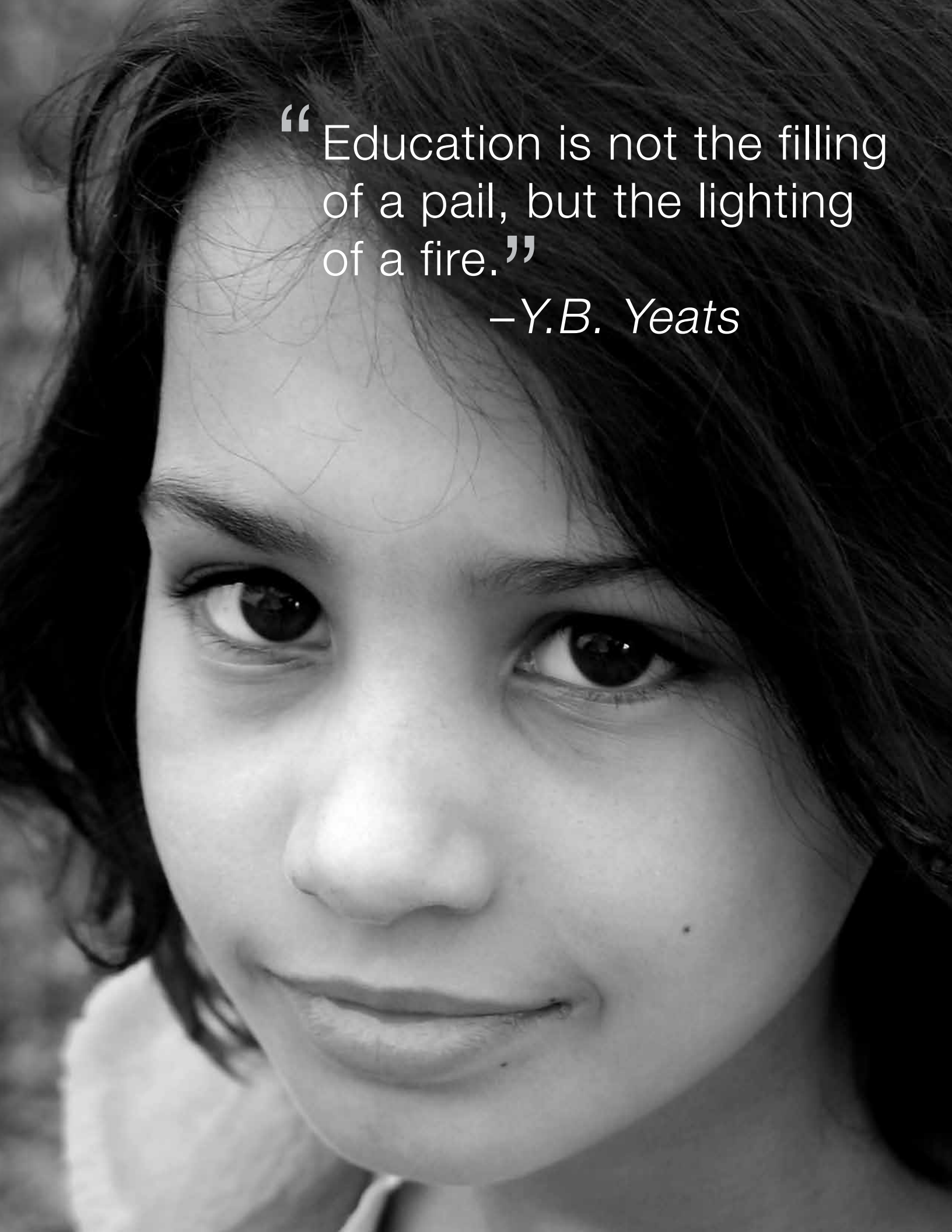
– A participant of the Parent Aide program in 2009

Spectrum of Prevention Level Two: Promoting community education & educating providers

Our Center offers educational classes on the prevention of child abuse, teen dating violence, Shaken Baby Syndrome and Sudden Infant Death Syndrome (SIDS). Education is provided to local schools for teachers and students, child care providers and community organizations. The Shaken Baby Syndrome Prevention classes, for example, aim to prevent babies from being shaken by teaching parents and caregivers how to cope with a crying baby, the number one trigger for this lethal form of child abuse. In 2009, our staff educated over 1,100 teens, parents, child care providers, and community members.

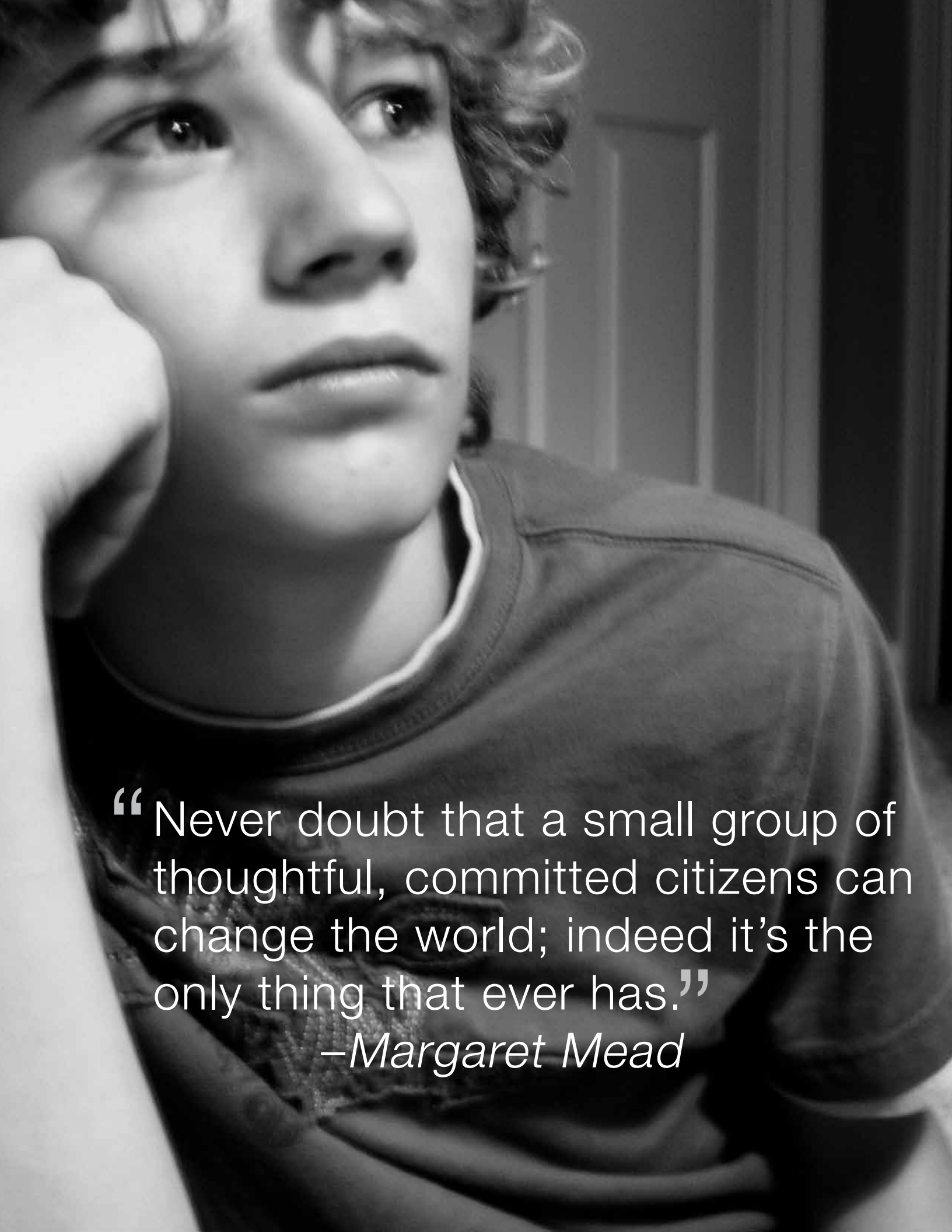
Evaluation of the 2009 educational classes indicates:

- 81% of program participants believed that the information provided would help them cope with a crying baby
- 79% of program participants believed that their understanding of why babies cry was improved as a result of receiving information
- 83% of program participants believed that the information provided will positively change their actions towards children
- 83% of program participants believed that the information increased their knowledge about why it is important to never shake a baby



“Education is not the filling
of a pail, but the lighting
of a fire.”

—*Y.B. Yeats*



“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed it’s the only thing that ever has.”

–Margaret Mead



Spectrum of Prevention Level Three: Fostering coalitions and networks

Recognizing that we can serve our community better when working together rather than apart, staff of our center leads the following community coalitions:

Dallas County Child Abuse Prevention Coalition (CAPCO)

The mission of CAPCO is to mobilize the community to prevent child abuse through education, increased public awareness, advocacy, program development and collaboration. Each month multi-disciplinary agency representatives come together to discuss how we can improve the continuum of prevention and intervention services through collaborative efforts and improved communication. In 2009, the coalition led a community event to honor children that died in the previous year and to recognize the outstanding work of Child Protective Services staff and foster parents. Nearly 300 community members attended this event.

Teen Age Parenting Alliance (TAPA)

The mission of TAPA is to provide leadership to meet the service needs of pregnant and parenting teens and their children. The alliance meets monthly to address the critical needs of teen parents and prevention strategies to reduce the incidences of teen pregnancy and child abuse among teen parents. The alliance was established in late 2009.



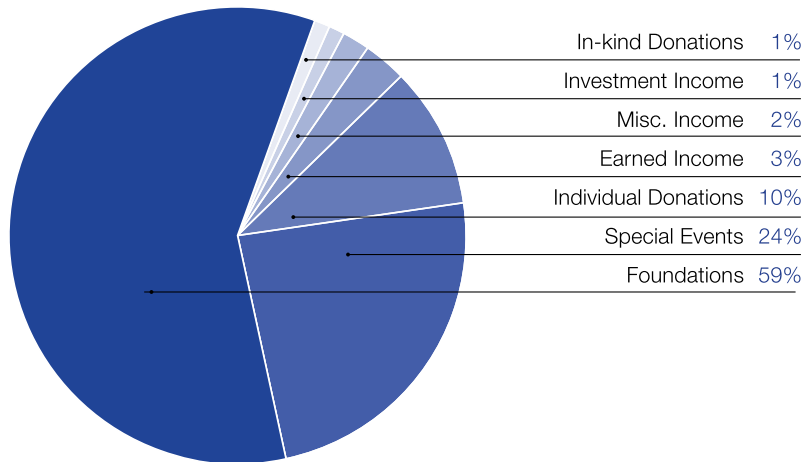
Spectrum of Prevention Level Four: Changing organizational practices and influencing policy and legislation

In conjunction with the Injury Prevention Center of Greater Dallas, our staff co-leads the Family Violence Prevention Council (FVPC). The mission of the FVPC is to maximize the effective and efficient use of community resources to reduce and prevent family violence including child abuse, intimate partner violence, and elder abuse. The council seeks to address issues of family violence at a systems level. In 2009, council members supported the initiation of an Interfaith Domestic Violence task force that launched the website www.notatmychurch.org; informed legislators and policy makers on family violence prevention and intervention policies; and initiated planning of an intimate partner violence adult fatality review.

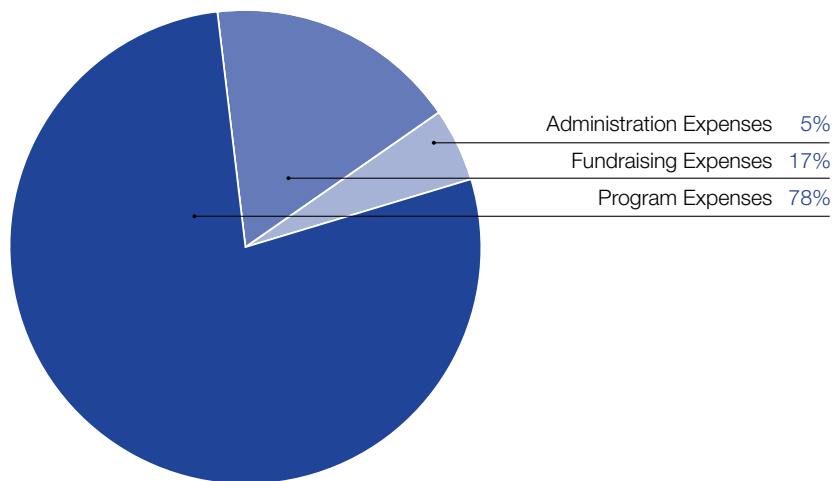
Financial Summary

2009 Income: \$839,193.86

We utilize all fund development avenues to sustain programs including funding from individuals, organizations, foundations and corporations.



2009 Expenses



Board of Directors

Executive Committee

Susan Aldridge, President
Erika Blomquist, Secretary
Randall Tuttle, C.P.A., Treasurer
Randy Michero, V.P., Special Events

Members

Leigh Bailey
G. Ward Beaudry
Penelope Blackwell, J.D.
Stacy Cary
Adam Connatser
Scott A. Davis
Gerald Deats
Lisa Garner, M.D.
Helen C. Holman
Alan Scott King
Patricia B. Lehtola, J.D.
Cynthia Pladziewicz, J.D., Ph.D.
Elisa M. Reiter, J.D.
Anne Zumbuhl Talley
Matt Talley
Ike Vanden Eykel

Our Advisory Board

Perrie M. Adams, Ph.D.	Teresa Garland
Drew Alexander, M.D.	Frances A. Harris
Ron Anderson, M.D.	Richard B. Kilgore, Ph.D.
Kay F. Barkin	Phil McCormick
Steve Bruneman	Paul Neinast
Anita Chanpong	Siobhan O'Brien
Susan Howard Chrane	E.J. Rodgers
Dodee Frost Crockett	Martha Stowe
W. John Davis, Jr.	Misty Ventura
Lisa Domiteaux	Lisa Spooner Whyte
George Ellis	Alice N. Wright
Brad Fetters	Margie Wright
Patrick Foster	William R. Wright

2009 Donors

Carol Aaron	Michael Castro
Kevin Abshire	Rhonda Chambers
John Ackley	Anita Chanpong
Actuate	Wade Chessman
Tom Adkins	Cary Christensen
Karen Akin	Cisco Systems
Susan Aldridge	James Clark
Pat Alexander	Carolyn & Jim Clark
Andrew Allan	Michelle Cole
Stan Allred	Mary Collins
Allstate Foundation	Combined Federal Campaign CFC
Charles Anderson	Matthew Combs
Krista Anderson	Communities Foundation of Texas,
Larry Anglin	Kleinert Fund
John Ard	Computer Associates
AT&T Business Solutions	Compuware
Leigh Bailey	Todd Conger
Laura Baldwin	Aubrey Connatser
Heather & Ray Balestri	Adam Connatser
Kyle Ballard	Frank P. Conroy
Lisa & David Barbour	Robin Cook
Kristi & Jody Bare	Susan Cox
Katy Barker	Julie Crawford
Basshan Foods	Dodee & Billy Crockett
Rebecca Bateman	Laura Crowl
Jason Bates	CTU Enterprises, Inc.
Lee Batson	Kenda Culpepper
Baylor Health Care System	Mason & Allen Custard
Ward Beaudry	Randall Dale
Linda Beheler	Dallas Foundation
Bella Bridesmaid	Dallas Jewish Community Foundation
Amy Benavides Davis	Dallas Mavericks Foundation
Ken Benson	Dallas Social Ventures Partners Fund
Gina & Ken Betts	Dallas Women's Foundation
Penny Blackwell	Pamela Danner
Penelope Blackwell	Datatrend Technologies, Inc.
Ericka & Eric Blomquist	Linda & Scott Davis
John Bloomer	DB&K Management
BlueCross BlueShield of Texas	John Dean
Kevin Boardman	Ida & Gerald Deats
Allison Bonlander	James DeLoach
Boone Family Foundation	Kathleen Denny
Jihane Boury	Keri Disney
David Bowman	Rosemary Domecki
Mary Bowman Campbell	Lisa & Mark Domiteaux
Kelly Boyington	Domiteaux Architects
Michelle Bradford	Sharon & Jerry Dorsey
Jeff Brady	Dr. Mark Dueber
Andrew Bramley	Bill Dunham
Lisa Brecht	Dunham Design Inc.
Tonya Brenneman	Kim Durham
Brocade Communications	Joseph Dwyer
Rodney Bucker	Tim Earnshaw
Dick Bufkin	Gayne & Jody Ek
Richard Byrnes	Embrey Family Foundation
Jeanne & John Byrnes	EMC Corporation
Dianne Capps Saslaw	Evans Co., Inc.
Keith Carlisle	Exchange Clubs: Coppell, Dallas,
Sunny Carroum	East Dallas, Lake Highlands,
Karen & Barry Carter	Noon Garland, Noon Rowlett &
Stacy & Dave Cary	Uptown
Daniel Castro	Elizabeth Fanning

Doug Fejer	Joanna Jadow	Mormac Brokerage Angecy	Elizabeth Schartz
Fidelity Charitable Gift Fund	Jewish Community Foundation	Fred Morris	Sally Schreiber
Stacey Finney	John T. Evans Co., Inc.	PD & Ken Mulholland	Elizabeth Schrupp
Mike Forshey	Ann & Keith Kadesky	Murchison Foundation	Schultz Family Foundation
Monica Egert Foster	Kandace Kappel	Joan Murray	Schwab Charitable Fund
Florette Fraser	Bruce Kardon	Michael Myhre	Julie Seger
Mark Frederiksen	Kim Karstetter	Nautilus Group (New York Life)	Dennis Sewell
Fuddruckers	Carol Kent	Russell Newhouse	Richard Short
Fujitsu Network Communications	Holly Keuhn	Charles Nguyen	Chad Shuford
Garland D. Rhoads Foundation	Scott Kimple	Michelle Nguyen	Bill Simms
Dr. Lisa Garner	Deborah Kitchens	Lloyd Nichols	SK Sung Resources LLC
Gaston Episcopal Hospital Foundation	Christopher W. Kleinert	Theresa & Thomas Nunan	Darwin Smith
Heather Gerdere	Koons, Fuller, Vanden Eykel & Robertson, PC	Laura & Scott Olser	Karen Smith
Grace Glover-Dunne	Ingrid Kopf	Pacific Builders	Smith Barney
Karanina Godwin	Hillary Kramer	Karen Pang	Ellen & Pat Snuffer
Goldman Sachs Matching Gift Program	Wendy Krispin	Emily Parker	South Texas Outreach Foundation
Mary Goodrich	Molly Kysar	Matthew Patterson	Sovereign Bank
Carolyn & Robert Goodrich	Lab Holdings	Peggy Payne	Speedway Children's Charities
Michael Gordon	Kimberly Lacher	Sally Pearson	April & Sam Spicer
Chris Gordon	Donna Lane	Linda & Steve Perkins	Spicer Oil Company
Deanna Graham	Randy Lasley	Perot Foundation	Anne Stodgehill
Jamie Grammr	Ginny Laughlin	Maribeth & Steve Peters	Martha Stowe
Laura Green	Julian Leaver	Kim Pettigrew	Sturgis Charitable Trust
Jimmy Greenwood	Alan Leibel	Eric Pfeifle	Susan & Bob Sulentic
Tina Griffin	Liberty Mutual	Bailey Pham	Barbara Sullivan
Rani Guerra	Deborah & Norman Liebert	Pharos Capital Group, LLC	Sun Microsystems
Hall Wines, LLC	Liebert Family Foundation	Marilyn Pippin	Joan Susman
Hamilton Park Methodist Church	Christy Liles	Dr. Cynthia Pladziejewicz	Anne & Matt Talley
Samantha Harkinson	Elizabeth Liser	Debra Polsky	Mary Ann Talley
Harold Simmons Foundation	Litman Foundation	Robert Potts	Target Community Relations
Rhonda Harris	Karen Hsun Chiao Liu	Will Pryor	Teel Lawler-Lunsford
Harriet Harris	Sarah Losinger	Cesar Ramirez	Theodore and Beulah Beasley Foundation
Harris N.A.	Shannon Lynch	Maximo Ramos	Thompson & Knight LLP
Helen Harrison	Jay Mabrey	Corbett Ray	Leslie Thorne
Harry W. Bass Foundation	Michelle Manners	Norbert Rediger	Deborah Todd
Harwood International	Mark Burns Memorial Fund	Rees-Jones Foundation	Randall Tuttle
Hawn Foundation	Christina Markell-Balleza	Katherine Reeves	United Way of Metropolitan Dallas
Sue Hayes	Meagan Martin	Elisa & Steve Reiter	Benjamin Van Hopin
Healthcare Service Corporation	Megan Masoner	Gilbert Resendez	Ike Vanden Eykel
Robert Hensley, Sr.	Tom Mastor	RGK Foundation	Vitamin Cottage Natural Food Markets
Vicki Hernandez	Madeline McClure	Kristen Elizabeth Rice	Martha Wach
David Herrick	Don McGaughy	Carol Riddick	Waters & Kraus, LLP
Terry & William Hibbitt	Becky McGee	Walter Ridlon	Robert Weatherly
Autumn Highsmith	Kelley McKissack	Riney Palter PLLC	Wells Fargo Community Support Campaign
Hillcrest Foundation	Claudia McLeod	Jeffrey Robinson	Blanche Westereng
John Gregory Himelfarb	Mary McMahan	David Rocco	Jeff Weyandt
Tesa Hinkley	Kim Meaders	Dr. Mike & EJ Rodgers	Linda Wiland
Cristian Hinojosa	Mary Blake & Chuck Meadows	Nancy & Richard Rogers	Stephanie Wilcox
Hitachi Data Systems	Meadows Foundation	Ronald McDonald Foundation	Beverly & Cary Rossell
Hitachi Foundation	Diana Meiser	Proskauer Rose	Rhonda Russell
Hitachi High Technologies	Mollie Menton	Rosewood Foundation	Donald Russell
Luanne & Rankin Hobbs	Margaret & Randy Michero	Beverly & Cary Rossell	Safeway
The Hogle Foundation	Microsoft Matching Gift Program	Rhonda Russell	Saint Michael and All Angels Episcopal Church
Bob Honea	Elise Mikus	Robert Witte	Saint Rita Church
Howard & Leslie Shultz Foundation	Deborah Slye Miller	Women of St. Michael & All Angels Church	Roy Salley
Jennifer Howell	Matt Perry Miller	Ellen Wood	Maggie Saucedo
Winnie Huff	Aimee Minick	Janet & Kevin Worthington	Gardner Savage
IBM	Casey Mitchell	Alice & Bill Wright	Stanley Scates
IGM Golf	Anurita Mittra	Sara King Wright	
Interceramic	Elizabeth Mondloch	YourCause	
Greg Istre	Blair Moore		
J. David Jacocks			

*If we have inadvertently omitted your name, please contact us at 214-370-9810

Our Staff



Top row from left to right: Heidi Parker, Mary Cecil, Sheryldine Samuel and Marya Makowski. Bottom row from left to right: Karen Coxé, Amy McShane, Angel Gomez, Tiffani Oltmanns, Casey Kochan and Jessica Trudeau. *Not in picture: Jill Creel, Angela McCarty and Amy Zuniga.*