


**CHILD  
ABUSE  
PREVENTION  
CENTER**

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed it’s the only thing that has.”

—Margaret Mead

Child Abuse Prevention Center  
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Founded in 1992 by the Lake Highland, Park Cities and Lakewood Exchange Clubs



“Hope is faith holding out  
its hand in the dark.”  
—George Iles

## Mission

The mission of the Child Abuse Prevention (CAP) Center is to prevent the cycle of child abuse by equipping parents and caregivers for success. We are a key provider of prevention services for high-risk children, families, schools and communities throughout Dallas County and have served more than 34,500 individuals since our inception in 1992.

## Home Mentoring Programs

We believe that it is possible to bring hope to families when there is little cause for hope. We bring hope to families through home-mentoring programs:

### Parent Aide Program

The Parent Aide program seeks to support and teach high-risk parents how to care for their children. Parent Aide Case Managers work to connect parents to community resources and support the relationship between the parent and child. Services are provided in the home for a period of two years.

### Healthy Families Dallas

The Healthy Families program teaches pregnant and parenting teens how to take care of their babies. Family Support Workers encourage parents to take their children to the doctor, complete high-school or obtain a GED and stay employed. Services are provided until the child's fifth birthday.

## Educational and Outreach Programs

We believe it is possible to bring hope to children whose parents are divorcing:

### Families First

The Families First program works to help parents understand the effects of divorce on their children and how to protect their children during this time. Classes for parents and children are held monthly at our Center. We are licensed to conduct these classes by the national organization; Families First, Inc.

We believe it is possible to bring hope to communities:

### Educational Programs

Our Center provides educational classes on child abuse prevention, teen dating violence, Shaken Baby Syndrome prevention and Sudden Infant Death Syndrome prevention throughout Dallas County. We provide education to high-schools, day care providers, community-based organizations, faith communities and professional agencies.



## Community Collaboration

We believe it is possible to bring hope to Dallas through partnerships with community coalitions. In order to ensure that Dallas offers a continuum of prevention and intervention services, our Center leads the Child Abuse Prevention Coalition, Family Violence Prevention Council and Teen Aged Parenting Alliance.

## How You Can Help

Please join with the CAP Center to help improve the lives of children in the Dallas community. Your support of the Center can make a great difference in the lives of the children and families we serve. You can help by volunteering, donating from our wish list, direct donations or corporate partnerships with contributions and/or event sponsorships. To learn more about our programs, sponsored coalitions or ways to give, please visit [childabusepreventioncenter.org](http://childabusepreventioncenter.org) or call our Center at 214-370-9810.

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“Education is not the filling of  
a pail, but the lighting of a fire.”  
—Y.B. Yeats